**SEL (Social Emotional Learning) Committee Overview**

Committee Responsibilities:

* **Meet with Sheridan Teacher SEL Committee Monthly** meetings serve as liasons to APT.
	+ Offer help where the teacher committee needs it.
		- In 2019 (prepandemic), we participated in onboarding the Lions Quest curriculum including at-home connections
* **Meet with Executive SEL Committee Monthly at DPM (this may be every other month???)**
	+ Includes DPM, Sheridan, Cherokee, Everett
	+ Ensures we are consistent in SEL language across the district, share best practices and ideas among schools
	+ SEL activities and goals vary from each school
	+ Emilie Correa, D67 Emotional Wellness Coordinator is present at all meetings and helps guide us to ensure we are pulling forward the right info. She is AMAZING
		- SEL Spotlight eNewsetter is created by Emilie.
			* SEL Committee helps promote and raise awareness .
* **Provide a monthly snippet on the "Family Connection" piece of Lion's Quest in the Friday Flyer**.
	+ SEL Parent Committee worked with Emilie Correa for the info to share out (she builds the topics. We just share them!)
	+ Decided the Casel Competency Wheel will be used as the image that rides along with the SEL monthly info in the Friday Flyer. That way parents will begin to recognize the wheel, the competencies will resonate over time and SEL info will be easy to immediately identify.

**3 Main SEL Sheridan Events/Tasks:**

1. Hot Chocolate Bar in December (usually just before Winter Break)
	* For Sheridan staff set up in Teachers’ Lounge
	* Hot cocoa (there is an urn the Committee donated we use for hot water each year. It stays in the Teachers’ Lounge)
	* Hot cocoa, toppings, treats like donuts, fresh fruit, etc. so staff can grab it on the run
	* Napkins, plates, to-go cups, etc.
	* Set it up buffet style in the lounge.
	* Provide signage for the Hot Cocoa Bar
	* Provide printed and electronic flyers for the SEL Teacher Committee to post around school and distribute via email leading up to the event
2. Teacher Aides Appreciation Gifts.
	* Coordinate with Sheridan Teacher SEL Committee to provide about 10 gift certificates (Starbucks, Jimmy Johns, Suzy Swirl, etc. for $10 each) that are included in a "relaxation" basket for each of the TAs in April during Teacher Appreciation to ensure they are recognized
3. Stock the staff restrooms with air freshener, lotion, deodorant (spray), hairspray, mints, etc.
	* The SEL Teacher Committee just lets us know when items are low

Ideas we’ve wanted to bring forward. Might be new ideas to try in 2022:

* Muffins with Mom
* Donuts with Dad
* Help enhance SEL section of Library as needed